

PREVENT PLANT PESTS & ANIMAL DISEASES DECLARE

Foreign insects, animal and plant diseases and invasive plants can be harmful to United States agriculture.

The following is a partial list of fresh fruits and vegetables that are **allowed entry** into the United States from Mexico for personal consumption, but only after they have passed inspection and have been found free of any pests or diseases:

- Avocados (*only guacamole*)
- Aloe vera leaves
- Bananas
- Berries (*blackberries, blueberries, raspberries, and strawberries*)
- Cabbage
- Corn and corn smut galls
- Dates
- Garlic
- Grapes
- Herbs (*cilantro, mint, rosemary, sage, and watercress*)
- Jicama
- Lemons, Persian limes, and sour limes
—*all lemons/limes may not have leaves*
- Lettuce and spinach
- Melons (*cantaloupe, honeydew, and watermelon*)
- Nuts (*acorns, almonds, cocoa beans, chestnuts, coconuts [without husks or milk], peanuts, pecans, piñon [pinenut], and walnuts*)
- Onions (*including green onions and chives*)
- Peppers (*bell, chili, and jalapeno peppers; manzano peppers are not allowed*)
- Pineapples
- Prickly pears (*nopales pad or tuna fruit; pitaya are not allowed*)
- Sugarcane “chews”
—*peeled without nodes*
- Tamarind bean pods
- Tomatoes and tomatillos

All thoroughly cooked fruits and vegetables are **allowed entry** into the United States for personal consumption.

Meats and Animal Products

The following types of meats and animal products are allowed to be imported: pork that is canned (shelf-stable), poultry that has been thoroughly cooked, while beef, sheep, and goat meats may be imported raw or cooked. Other meats, animal products, animal trophies, and scientific or research samples may require an import permit, government certification, or transport to an APHIS-approved establishment for additional treatment to prevent the introduction of animal diseases.

Live Plants and Seeds

Plants and seeds imported for propagation require a phytosanitary certificate from the Government of Mexico and an import permit from USDA. The import of any soil is prohibited.



For the entry requirements of other specific items, you can visit **[DontPackAPest.com](https://www.dontpackapest.com)**.

This site can help you quickly see if the item you wish to bring into the United States is allowed according to U.S. Department of Agriculture (USDA) guidelines. Please help us protect U.S. agriculture and the environment from dangerous invasive pests.

DONT PACK A PEST .com



U.S. Customs and
Border Protection